

COUNSELING CENTER COMMUNITY RESOURCES GUIDE



FALL 2025

KING UNIVERSITY COUNSELING CENTER

LOCATION

The counseling center is located behind White Hall. Walk through the Oval and take the walkway to the right between the Fine Arts building and White Hall. The counseling center is located in the first house on the right.

Street address if driving:
1415 East Cedar Street
Bristol, TN 37620

STAFF

Heather Braddock, MA, LPC-MHSP
Director of the Counseling Center
423.652.4742
counselingcenter@king.edu

Donna Addington, B.A.
Office Manager
Office 109
423.652.4742
dpaddington@king.edu

WEBSITE



www.king.edu/student-life/resources-for-students/counseling-center/

TABLE OF CONTENTS

Alcohol and Substance Abuse.....	3
Alcohol and Substance Addiction Recovery Groups	4
Bullying.....	4
Clothing.....	5
Dental.....	5
Domestic Violence and Sexual Assault.....	6
Food Assistance	7
Homeless Resources and Shelters.....	7
Legal Services.....	8
LGBTQ+	8
Medical and Dental	9
Outpatient Counseling - Abingdon	9
Outpatient Counseling - Bristol	10
Outpatient Counseling - Johnson City.....	11
Outpatient Counseling - Kingsport	11
Pregnancy Resource Women's Centers.....	11
Public Transportation	12
Suicide Crisis Help and Prevention and Survivors of Suicide.....	13

IMPORTANT NOTICE

The King University Counseling Center has compiled this list to familiarize you with local resources and nationwide crisis services. The website for each resource is accessible through the link provided. This information is current as of August 2025 but is subject to change without notice. The contents of this document will be updated and revised annually.

The King University Counseling Center, King University Food Pantry, King University Title IX Reporting, King University Campus Security, and TimelyCare are the only listed resources affiliated with King University.

ALCOHOL AND SUBSTANCE ABUSE

Resource	Address	Phone	Website
Alcoholics Anonymous District 1 Hotline Kingsport and Bristol		865.522.9667	aatricitiesn.com
Alcoholics Anonymous Johnson City District Office	District 2 AA PO Box 1872 Johnson City, TN 37605	423.928.0871	aatricitiesn.com
Comprehensive Community Services Substance Abuse Residential Treatment Center Also offers intensive outpatient treatment	Comprehensive Community Services, Inc. Admissions 6145 Temple Star Road Kingsport, TN 37660	Call 423.349.4070 Text 423.552.0555	ccstreatment.com
Insight Alliance Washington County Tennessee Lifeline Provides information and a directory of services		1.877.366.7593	wcadc.com/lifeline
Turning Point Frontier Health Calm Center, Crisis Stabilization Unit, Detox, 24/ assessments	208 East Unaka Avenue Johnson City, TN 37601	423.926.0940	frontierhealth.org/directory/frontier-health-turning-point/
Narcotics Anonymous (NA) Tri-Cities recovery support from a peer		423.302.0494	mountain-na.org/meetings/
Tennessee Redline A State of Tennessee resource for substance misuse treatment referrals		1.800.889.9789	tn.gov/behavioral-health/substance-abuse-services/prevention/tennessee-redline
Woodridge Hospital Ballad Health	403 North State of Franklin Road Johnson City, TN 37604	423.431.7111	balladhealth.org/locations/hospitals/woodridge-psychiatric

ALCOHOL AND SUBSTANCE ADDICTION RECOVERY GROUPS

Resource	Address	Phone	Website
Alcoholics Anonymous District 1 Hotline Kingsport and Bristol		865.522.9667	aatricitiestn.com
Celebrate Recovery	Tennessee Avenue Baptist Church 104 Cypress Street Bristol, TN 37620	423.928.4325	tabaptist.org/celebrate-recovery/
Celebrate Recovery	Highlands Fellowship 134 Commerce Court Bristol, VA 24202	276.669.7400	hf.church/cr

APP - ALCOHOL AND SUBSTANCE ADDICTION RECOVERY GROUPS

Resource	Address	Phone	Website
Alcoholics Anonymous Meeting Guide App			Find it on the App Store or visit aa.org/meeting-guide-app

BULLYING

Resource	Address	Phone	Website
Stomp Out Bullying			stompoutbullying.org/
Stop Bullying			stopbullying.gov/

CLOTHING

Resource	Address	Phone	Website
Haven of Rest Thrift Store	124 Pennsylvania Avenue Bristol, TN 37620	423.968.2011	havenofrestbristol.org/haven-thrift-store
Salvation Army Thrift Store	1224 West State Street Bristol, TN 37620	423.764.6156	southernusa.salvationarmy.org/bristol/contact-us-1-1
Goodwill	2691 West State Street Bristol, TN 37620	423.652.0072	goodwilltnva.org/stores/
Goodwill	3170 Linden Drive Bristol, VA 24202	276.644.3099	goodwilltnva.org/stores/

DENTAL

Resource	Address	Phone	Website
Healing Hands Health Center Serves uninsured residents in Northeast TN and Southwest VA	245 Midway Medical Park Bristol, TN 37620	423.652.0260	healinghandshealth.org/
Friends in Need	1916 Brookside Drive Kingsport, TN 37660	Call 423.246.0010 Text 423.367.5399	friendsinneed.us/
ETSU Dental Hygiene Services	Lamb Hall, Ground Floor Breezeway 156 South Dossett Drive Johnson City, TN 37614	423.439.4514	etsuhealth.org/services/dental-hygiene/
Keystone Dental Care	603 Bert Street, Box 12 Suite 206 Johnson City, TN 37601	423.232.7919	keystonedentaljc.com/

DOMESTIC VIOLENCE AND SEXUAL ASSAULT

Resource	Address	Phone	Website
Abuse Alternatives Domestic Violence Intervention Services	104 Memorial Drive Bristol, TN 37620	24/7 Crisis Hotline: 423.764.2287 or 800.987.6499	abusealternativesinc.org/
Branch House	313 Foothills Drive Blountville, TN 37617	423.574.7233	branchhousetn.org/
Bristol Tennessee Victim's Services		423.989.5600	bristoltn.org/925/ Victims-Services
King University Title IX Reporting	Title IX Statement below	See Title IX Statement below for the reporting process	king.edu/about/offices/ security-and-safety/ title-ix/
National Domestic Violence Hotline		Call 1.800.799.SAFE (7233) or Text "START" to 88788	thehotline.org/
Rape, Abuse, & Incest National Network (RAINN)		1.800.656.4673	rainn.org/about-rainn

Title IX at King University

King University is bound by federal and state laws, including Title IX of the Education Amendments of 1972, which prohibits discrimination on the basis of sex, and Title VII, which prohibits discrimination on the basis of multiple categories such as race, color, national origin, ethnicity, creed, sex, or religion. Sexual harassment, including acts of sexual violence, is a form of sex discrimination. King University is committed to complying with all such laws, but moreover, to providing a safe campus environment for all.

King University seeks to provide safety, privacy to the fullest extent possible, and support to victims of any crime or violation of the Relationship Conduct policy. The University will offer educational programs to promote the awareness and prevention of assault, violence, harassment, and any other type of relationship misconduct. Reports of relationship misconduct will be taken seriously and incidents will be responded to appropriately and in a timely manner.

Report any behavior believed to be a violation of the Relationship Conduct Policy should be made to the Assistant Title IX Coordinator (**Benny L. Berry, Parks Hall Room #32, BLBERRY@KING.EDU, 423-652-4705**).

If you are in immediate danger call 911.

FOOD ASSISTANCE

Resource	Address	Phone	Website
King University Food Pantry	Student Affairs Maclellan Hall	423.652.4740	Email: studentaffairs@king.edu
Bristol Emergency Food Pantry	155 Washington Street Bristol, VA 24201	423.571.4449	bristolfoodpantry.org/
Haven of Rest Rescue Mission Food Pantry Call to schedule an appointment. The Haven of Rest provides a free hot evening meal to anyone in need. You must come in person to receive a meal. Monday-Friday, 5-5:40 p.m. Call for more information.	624 Anderson Street Bristol, TN 37620	423.968.2011	havenofrestbristol.org/ the-food-pantry.html havenofrestbristol.org/
Second Harvest Food Bank		423.279.0430	netfoodbank.org/ food-pantry/

HOMELESS RESOURCES

Resource	Address	Phone	Website
Family Promise of Bristol	100 Ash Street #2 Bristol, TN 37620	423.528.3036	familypromiseofbristol.org/
Resource Bristol of United Way of Bristol	315 Eighth Street Bristol, TN 37620	423.968.4912	unitedwaybristol.org/ resourcebristol/

HOMELESS SHELTERS

Resource	Address	Phone	Website
Haven of Rest Rescue Mission	624 Anderson Street Bristol, TN 37620	423.968.2011	havenofrestbristol.org/
Salvation Army of Bristol	137 Martin Luther King Jr. Blvd Bristol, TN 37620	423.764.6156	southernusa. salvationarmy.org/bristol

LEGAL SERVICES

Resource	Address	Phone	Website
Legal Aid of East Tennessee	311 West Walnut Street Johnson City, TN 37604	423.928.8311 or 1.800.821.1312	laet.org/
Bristol Tennessee Law Services Search			justia.com/lawyers/tennessee/bristol
Bristol Virginia Law Services Search			justia.com/lawyers/virginia/bristol

LGBTQ+

Resource	Address	Phone	Website
Pride Community Center of the Tri-Cities	300 East Main Street Suite 151 Johnson City, TN 37601		pridetritcities.com/
TriPride TN	P.O. Box 4545 Johnson City, TN 37602		tripridetn.org/
The Trevor Project		Call 1.866.488.7386 or text "START" to 678-678	thetrevorproject.org/

MEDICAL

Resource	Address	Phone	Website
TimelyCare	Virtual based health care for King University students		app.timelycare.com/auth/login
Crossroads Medical Mission Serves uninsured residents in Northeast Tennessee and Southwest Virginia	Mobile medical bus - Website will provide more information	276.466.1600	crossroadsmedicalmission.org/
Healing Hands Health Center Serves uninsured residents in Northeast Tennessee and Southwest Virginia	245 Midway Medical Park Bristol, TN 37620	423.652.0260	healinghandshealth.org/
Bristol Regional Medical Center	1 Medical Park Blvd Bristol, TN 37620	423.844.1121	balladhealth.org/locations/hospitals/bristol-regional
Sullivan County Regional Health Department	154 Blountville Bypass Blountville, TN 37617 or 1041 East Sullivan Street Kingsport, TN 37660	423.279.2777	sullivanhealth.org/

OUTPATIENT COUNSELING - ABINGDON

Resource	Address	Phone	Website
True North Counselors	966 West Main Street Suite 1 Abingdon, VA 24210	276.207.8321 Referral Voicemail	truenorthcounselorsva.com/
Hope and Healing Counseling Center	454 East Main Street Abingdon, VA 24210	276.300.4422	hopeandhealingcounselingctr.com/

OUTPATIENT COUNSELING - BRISTOL

Resource	Address	Phone	Website
King University Counseling Center Provides counseling to the students, faculty, and staff of King University only. This service is free to King University students and employees.	The Counseling Center is located behind White Hall. Walk through the Oval and take the walkway to the right between the Fine Arts building and White Hall. The Counseling Center is located in the first house on the right. GPS Address: 1415 East Cedar Street Bristol, TN 37620	423.652.4742	king.edu/student-life/resources-for-students/counseling-center/
TimelyCare	Virtual based health care for King University students.		app.timelycare.com/auth/login
Bristol Regional Counseling Center	Frontier Health 26 Midway Street Bristol, TN 37620	423.989.4500	frontierhealth.org/directory/frontier-health-bristol-regional-counseling-center/
Life Stance Health Multiple therapists provide in-person and online therapy.	100 5 th Street Suite 310 Bristol, TN 37620	423.835.1307	lifestance.com/location/bristol-tn-100-5th-street/
Joshua Blackburn Specializations: relationship issues, anxiety, and anger management.	739 Bluff City Highway Suite 5 Bristol, TN 37620	423.210.4631	psychologytoday.com/us/therapists/joshua-blackburn-bristol-tn/850072
Sunny Path Counseling, PLLC Focus is on children and teens.	1745 King College Road Bristol, TN 37620	423.328.1289	sunnypathcounseling.com/

OUTPATIENT COUNSELING - JOHNSON CITY

Resource	Address	Phone	Website
Grace Pointe Counseling Center	214 E. Mountcastle Drive Suite 1 Johnson City, TN 37601	423.283.4958	gracepcc.com/
Paula E. Hood Counseling & Consulting	207 N. Boone Street Suite 10 Johnson City, TN 37604	423.398.1693	sites.google.com/view/paulahoodcounseling

OUTPATIENT COUNSELING - KINGSPORT

Resource	Address	Phone	Website
Seed of Hope Counseling, LLC	229 East Center Street Kingsport, TN 37660	423.530.7042	sohcounselingtn.com/
Growing Light Counseling, LLC	2020 Meadowview Parkway Suite 200 Kingsport, TN 37660	423.578.7208	growinglightcounseling.com/
Kingsport Counseling Associates	605 Watauga Street Kingsport, TN 37660	423.408.2601 Toll Free 844.215.0811	kingsportcounseling.com/

PREGNANCY RESOURCE WOMEN'S CENTERS

Resource	Address	Phone	Website
Pathways Pregnancy Resource Center No cost and confidential	17 24 th Street Bristol, TN 37620	423.968.4673 Text & After Hours 423.742.7850	pathwaysprc.org/
Agape Women's Services No cost and confidential	515 West Walnut Street Johnson City, TN 37604	423.928.2273	agapewomensservices.com/
TLC Community Center	142 Lovers Lane Elizabethton, TN 37643	423.543.4673	facebook.com/people/TLC-Community-Center/100064737696899/

PUBLIC TRANSPORTATION

Resource	Address	Phone	Website
Bristol TN Public Transit	The Bristol TN Transit stops at the King University McClellan Drive entrance and the King University Havelstadt Drive entrance.	423.989.5582	bristoltn.org/142/Transit <i>King University is on the Penn-Hickory Route</i> bristoltn.org/1525/Penn-Hickory-Route
Bristol VA Public Transit	All Bristol VA Transit buses arrive, depart from, and return to the Downtown Transfer Center in the 800 block of State Street next to the Farmers Market in Bristol.	276.645.7384	bristolva.org/196/Transit
NET Trans Transportation service to those who live outside the city limits in Northeast TN.	704 Rolling Hills Drive Johnson City, TN 37604	423.461.8233	nettrans.org/

SUICIDE CRISIS HELP AND PREVENTION

Resource	Address	Phone	Website
988 Suicide and Crisis Lifeline Nationwide number 988		Call or Text 988	988lifeline.org/ Chat info: 988lifeline.org/chat/
Frontier Health Suicide Prevention and Mobile Crisis Response Hotline		877.928.9062 TN & VA calls	frontierhealth.org/suicide-prevention/#:~:text=Frontier%20Health's%20Crisis%20line%20is,%2D800%2D273%2DTALK.
Emergency 911		Call 911 for an emergency	
King University Campus Security	The Security Office is located on the street side of Parks Hall.	423.652.4333	king.edu/about/offices/security-and-safety/

SURVIVORS OF SUICIDE

Resource	Address	Phone	Website
Survivors of Suicide, Tri-Cities		423.361.2087	
Survivors of Suicide, Southwest Virginia		276.346.1641 or 276.346.3590	