



June 27, 2025 | King University

Rethinking Challenging Behavior: *An Interdisciplinary Approach*



SCHEDULE

8:30 - 8:50 a.m.	Check-in/Registration
8:50 - 9:10 a.m.	20-minute Welcome
9:10 - 9:40 a.m.	30-minute Opener
9:40 - 9:50 a.m.	Break (10 minutes)
9:50 - 10:50 a.m.	Session 1 (Chapel) Session 2 (Dining Hall)
10:50 - 11 a.m.	Break (10 minutes)
11 a.m. - 12 p.m.	Session 3 (Chapel) Session 4 (Dining Hall)
12 - 12:45 p.m.	Lunch (45 minutes)
12:45 - 1:45 p.m.	Keynote Speaker - Gerry Brooks - Chapel
1:45 - 1:55 p.m.	Break (10 minutes) - King Alumni Photo
1:55 - 2:55 p.m.	Session 1 (Chapel) Session 2 (Dining Hall)
2:55 - 3:05 p.m.	Break (10 minutes)
3:05 - 4:05 p.m.	Session 3 (Chapel) Session 4 (Dining Hall)
4:05 - 4:15 p.m.	Surveys & Survey Response Giveaways
4:15 - 4:30 p.m.	Certificate Distribution



KEYNOTE SPEAKER

Gerry Brooks has been an educator for 25 years, beginning as a third-grade teacher in Palm Bay, Florida. He earned his master's in administration and has been an elementary principal for 12 years. Originally using humorous videos to encourage his staff, Gerry has become a national encourager for teachers through social media and speaking events. He is a voice for teachers, but his passion is leading others to be responsible for their own personal climate and culture in the workplace. His book, "Go See the Principal," outlines strategies for taking on this responsibility.

SESSIONS

SESSION 1 - CHAPEL

Jodi Helbert, Ph.D., *King University Professor and Bachelor of Social Work Program Coordinator*

Colette Wilcox, J.D., *King University Professor of Criminal Justice*

Let's identify the challenging behaviors related to foster care, custody, and criminal proceedings. In this session, you will learn about what happens after a report of child neglect or abuse, what you can do before and after a report, including how to best document your observations, and the legal considerations in making decisions. Time will be set aside for you to share your own examples and insights on things you have done to mitigate these problems that children face in these situations.

SESSION 2 - DINING HALL

Heather Braddock, *King University Director of the Counseling Center*

Dr. Alex Moore, *King University Assistant Professor of Nursing and Coordinator of the Psychiatric Mental Health Nurse Practitioner Program*

This breakout session will be a review of common pediatric and adolescent mental health disorders presenting in the classroom, and a practical discussion on the recognition of these conditions, management in the classroom, and utilization of resources. The session will be framed as a clinical summary of the diagnostic, treatment processes, and classroom management surrounding these conditions from a psychological and psychiatric perspective.

SESSION 3 - DINING HALL

Dr. Jennifer Mongold, *King University Associate Dean and Associate Professor of Criminal Justice at King University*

Gracie Good, *Guidance Counselor at Sulphur Springs Elementary in Washington County, Tennessee*

In this session, we will discuss the criminal justice implications of traditional punishments for challenging students and challenging classroom behavior. Restorative justice as an additional classroom behavior management tool will be discussed. Restorative justice offers a framework for fostering accountability, repairing harm, and building stronger, more inclusive learning environments.

During this session, participants will:

- Learn about the school-to-prison pipeline.
- Explore the core principles of restorative justice and its application within educational settings.
- Learn practical techniques for implementing restorative practices to address conflicts, discipline issues, and promote positive behavior.

SESSION 4 - CHAPEL

Brenda Little, *King University Adjunct Instructor in Special Education and Early Childhood Exceptional Children Regional Consultant for the North Carolina Department of Public Instruction*

Stephen Baker, *Dean of Students at John Sevier Middle School*

What's the BIP Idea: Making a Behavior Intervention Plan that Works for All

Do the terms, proactive, strategic, and modification cause you pause? Do you associate these words with students that have dysregulated behaviors that are impacting the learning of all? Behavior Intervention Plans (BIPs) can be very powerful in decreasing challenging behaviors and improving the overall educational experience for all students. Come share your 'BIP Ideas' and hear additional strategies that will assist you in supporting your team in developing an effective behavior intervention plan.

SPEAKER BIOS



STEPHEN BAKER

Stephen Baker began his educational career with Kingsport City Schools in 2004 at George Washington and Andrew Jackson Elementary Schools. He continued his teaching assignments at John Sevier Middle School until 2018, when he became the lead teacher and developer of Warrior Academy, a program that focuses on both student behavior and academics. In 2022, he became the Dean of Students for John Sevier Middle School. Mr. Baker holds a Bachelor of Science degree from East Tennessee State University in Interdisciplinary Studies (K-8), a Master of Education degree from Mississippi State in Earth Science with a focus in meteorology and an Educational Specialist degree from Lincoln Memorial University in Instructional Leadership.



HEATHER BRADDOCK

Heather Braddock is the Director of the Counseling Center at King University and a Licensed Professional Counselor with a Mental Health Service Provider designation in Tennessee and Virginia. She holds a master's degree in professional counseling from Liberty University, a BS in psychology, and a BS in Religion. Heather is a nationally trained Mental Health First Aid Instructor and a QPR Suicide Prevention Gatekeeper Instructor. Heather works with individuals, couples, and groups to help find hope and healing. She believes change is always possible and her goal is to help individuals develop the tools necessary for effective change by identifying and building personal strengths within the individual. Heather offers a compassionate, non-judgmental approach to therapy. She specializes in treating eating disorders using an eclectic approach, as well as treating trauma using the EMDR therapy modality.



GRACIE GOOD

Gracie Good holds a master's in counseling from Milligan University and a Bachelors of Social Work from ETSU. She has worked with non-profit organizations and with youth who needed immediate placement before going into DCS custody. She has worked in Washington County as a School Counselor for 3 years. In this role, she works with administration and teachers daily to implement Restorative Practices with a Trauma Informed lens. She currently serves a member of the Tennessee School Counseling Advisory Council where she continues her education through networking opportunities and staying informed on new policy. Her experience includes working with children ages 5-15 for 6 years in different settings providing crisis and behavior intervention.



JODI HELBERT

Jodi Helbert is an Associate Professor and Social Work Program Coordinator at King University. She holds a PhD in Social Work from Norfolk State University, a Master of Social Work from Radford University, and Bachelor of Social Work from Virginia Intermont College. She is a Board-Certified Diplomat (BCD) in Trauma Informed Clinical Social Work and certified through SAMHSA as a trainer holding memberships in the American Academy of Christian Counselors (AACC), the National Association of Social Workers in TN (NASW-TN), as well as the North American Association of Christians in Social Work (NACSW), the International Consortium of Social Developers (ICSD), International Federation of Social Workers (IFSW), and Phi Alpha, the international Social Work honor society. In 2023, she was named Tennessee's Social Work Educator of the Year by the NASW-TN, and in 2022, she was named Social Worker of the Year for the Northeast Branch of the NASW-TN. She also received the Tribute to Women award from the YWCA in the Empower category. In 2013, she was recognized as one of the Social Work Today's Top Ten Deserving and Dedicated Social Workers in America.

In addition to her faculty and administrative roles at King, Dr. Helbert serves as the co-chair of the Diversity and Inclusion Committee, and the chair of the Social Work Advisory Board. She founded and is faculty advisor for the Phi Alpha | Chi Omega chapter of the international social work honor society, and the faculty advisor of the Social Work Action Group club.



JEREMY HUMPHREY

Jeremy Humphrey is currently the Assistant Principal at Tennessee High School with over 15 years of experience as an educator and leader. Previously, he served as principal at TOPS, assistant principal at Elizabethton High School, and math teacher at John S. Battle and Sullivan Central High Schools. He taught a variety of high school math courses, including Algebra 1, Geometry, and Algebra 2, as well as inclusion and honors courses. He obtained a B.A. in Youth Ministry and Mathematics from King University (2007), a M.Ed. from King University (2010), and an Ed.D. from Milligan University (2023). A lifelong resident of Bristol, Jeremy currently resides in Bristol, Tennessee, with his beautiful high school sweetheart, Sumer, and their two amazing daughters, Kinsley (14) and Klairey (11).



BRENDA LITTLE

Brenda Little is currently employed with the NC Department of Public Instruction, Office of Exceptional Children. She received her M.Ed. from ETSU (early childhood education) and B.S. from ETSU (special education and elementary education) with an endorsement on Supervision and Administration from Appalachian State University. Her current areas of work include: social emotional development of young children, evaluation of students with delays using transdisciplinary play-based evaluation, and early intervention of children (birth - age 5).



JENNIFER MONGOLD

Jennifer Mongold is an Associate Professor, Associate Dean, and Director of Program Coordination at King University. She holds a PhD in Public Safety Leadership from Capella University, an MA in Clinical Psychology from ETSU, an MA in Criminal Justice from ETSU, and a BS in Criminal Justice/Criminology and Psychology from ETSU. Dr. Mongold was trained in restorative justice by the International Institute of Restorative Practices and in conflict transformation by David Brubaker of Eastern Mennonite University.

In addition to her teaching and administrative roles at King, Dr. Mongold often gives presentations and writes on the importance of difficult conversations and how to have them in these divided times with a passion to help students break through the clutter of the loudest voices to find reasoned and researched ideas that include remembering the humanity of the people involved.



ALEX MOORE

Alex More is an Assistant Professor and the Psychiatric Mental Health Program Coordinator at King University. He holds a Doctor of Nursing Practice and a bachelor's degree from ETSU. He is a nationally certified Psychiatric Mental Health Nurse Practitioner. His clinical background is in various inpatient psychiatric settings as well as acute care settings/emergency room psychiatric consultation.

Prior to coming to King University, Dr. Moore worked locally in clinical practice with Ballad Health and was an adjunct professor at ESTU.



COLETTE WILCOX

Colette has worked in the criminal justice field for 20 years, serving as both a prosecutor and criminal defense attorney, specializing in juvenile law and domestic violence. Colette graduated cum laude from George Mason University School of Law (now known as Antonin Scalia Law School). Following law school, she served as a judicial law clerk for Arlington County Circuit Court as well as worked on the Commonwealth v. John Allen Muhammad (the DC sniper case).

At King, in the Criminal Justice Department, she has taught criminal law, criminal procedure, introduction to criminal justice, criminal justice policy, ethics, juvenile justice, alternatives to criminal justice – restorative justice, serial and mass murder and freshman seminar. In college, she studied abroad in her junior year in Montpellier, France at Université Paul Valéry. She recommends all students study abroad and work and/or volunteer in as many places as possible to help students find their passion.