Behavioral & Health Sciences
Physical Education
Non-Licensure Program
Bachelor of Arts

Program Coordinator: J. O’Neil

Physical Education is defined by Merriam-Webster as “instruction in the care and development of the body.” The King University B.A. in Physical Education (non-licensure) brings this definition to life. This unique program combines a rich curriculum emphasizing the importance of life-long health and physical activity with business-focused coursework that prepares graduates to pursue a wide variety of careers in the sports, fitness, and recreation industries. Students will experience courses and concepts thoroughly grounded in theory and research and reinforced with hands-on, real-world application. The curriculum includes in-depth studies ranging from anatomy, physiology, nutrition, conditioning, and human psychology to injury prevention and care, as well as legal and ethical questions in this field. The addition of coursework in economics, management, accounting, and finance enhance the student’s ability to translate this new knowledge into a sustainable career.

King University’s Mission is to build meaningful lives of achievement and cultural transformation in Christ. The B.A. in Physical Education (non-licensure) supports this mission by recognizing and promoting the importance of the mind, body and spirit in a healthy lifestyle.

This B.A. does not offer teacher licensure. For teacher licensure information, please see the “Physical Education K-12 Licensure Program” (section 3.10.030).

Technology Requirements
Laptop computer with Microsoft Office 2010 or later, wireless capability, and webcam required

Student Learning Outcomes
1. Students will demonstrate an understanding of the basic concepts of subject matter related to physical fitness, wellness, body mechanics, and movement.
2. Students will demonstrate physical competency in a variety of skill acquisitions in four courses.
3. Students will communicate effectively in oral and written work.

Comprehensive Assessment
All candidates for a degree from King are required to demonstrate competency in their major field. The comprehensive assessment in Physical Education allows students to demonstrate competency in lesson development, presentation of content knowledge, and application of business knowledge by means of a portfolio that is presented to the department faculty and to an outside reviewer. The portfolio presentation is completed during one evening near the end of the semester in which the student intends to graduate.

Physical Activity Courses
Students at King are allowed only 2 PHED courses beyond PHED 1110 that can count towards their hours for graduation. However, Physical Education (non-licensure) students
are allowed to take up to three physical activity courses. These courses are optional but must meet the following stipulations:

a. These three additional courses must represent three different areas of sport/activity, such as golf, tennis and volleyball, as opposed to receiving multiple credits in the same sport/activity (for example, beginning tennis and intermediate tennis)

b. These additional courses cannot be taken in a varsity sport.

Core Curriculum Requirements
Physical Education majors should fulfill specified categories of the King Core Curriculum by taking the courses indicated below. See the “The Core Curriculum” section of the catalog for additional details.

Fitness for Life
PHED 1110*
Fitness for Life ................................................................. 2 s.h.

Science
BIOL 1010
Human Anatomy and Physiology I.............................................. 4 s.h.

Quantitative Literacy
MATH 1560
Introduction to Statistics ............................................................. 4 s.h.

Human Culture
In addition to satisfying the foreign language competency:
PSCI 2120
Cultural Diversity in America ..................................................... 4 s.h.

US and Global Citizenship
IDST 2100
Cultural Identity ........................................................................... 4 s.h.

Physical Education Major Requirements
PHED 1620**
CPR ......................................................................................... 1 s.h.
PHED 1630***
First Aid .................................................................................. 1 s.h.
PHED 2010
Personal and Community Health .................................................. 4 s.h.
PHED 2500
Recreational Leadership ............................................................... 2 s.h.
PHED 3550
Nutrition and Conditioning .......................................................... 4 s.h.
PHED 3565
Ethics and Legal Issues in Sport Management ................................. 4 s.h.
PHED 3600
Teaching Individual/Dual Sports .................................................. 4 s.h.
PHED 3610
Teaching Team Sports .................................................................. 4 s.h.
PHED 3620
Adaptive Physical Education ........................................................ 2 s.h.
PHED 3650
Assessment and Evaluation ......................................................... 3 s.h.
PHED 3800
Internship .............................................................................................................. 1-3 s.h.
ATEP 2510
Care and Prevention of Athletic Injuries ............................................................ 4 s.h.
ATEP 3680
Kinesiology ............................................................................................................. 4 s.h.
ATEP 3690
Exercise Physiology .............................................................................................. 4 s.h.
BIOL 1020
Human Anatomy and Physiology II ................................................................. 4 s.h.
PSYC 3300
Lifespan Human Development ............................................................................ 4 s.h.
PHED 4990
Comprehensive Assessment ................................................................................. 0 s.h.

**Business Administration Minor Requirements**
ECON 2220
Principles of Economics ...................................................................................... 4 s.h.
BUSA 2251
Principles of Management ................................................................................... 4 s.h.
BUSA 2630
Financial Accounting .......................................................................................... 4 s.h.
BUSA Electives
3000 level above .................................................................................................... 8 s.h.

**Summary of Total Credits**
Core Curriculum .................................................................................................. 42 s.h.
Major Requirements .............................................................................................. 50-52 s.h.
Business Administration Minor Requirements .................................................... 20 s.h.
Electives .................................................................................................................. 10-12 s.h.
**Minimum to Earn Bachelor of Arts** ................................................................. 124 s.h.

* All Physical Education majors must complete PHED 1100 in order to earn their degree.

** A student possessing current certification in CPR from either the American Red Cross or the American Heart Association may waive this course by presenting the current certification card to the Physical Education program coordinator and demonstrating proficiency in CPR through written and skills testing under the direction the Physical Education coordinator.

*** A student possessing current certification in first aid from either the American Red Cross or the American Heart Association may waive this course by presenting the current certification card to the Physical Education program coordinator and demonstrating proficiency in first aid through written and skills testing under the direction the Physical Education coordinator.