Program Coordinator: J. O’Neil

The course of study in the Physical Education major is designed to provide students with knowledge and skills to organize and administer physical education, intramural, and athletic programs; to teach, assess, and evaluate health and physical education courses at the elementary, middle, and high school levels; and to adapt methods of teaching to meet the needs of children and adolescents with special needs.

The physical education major is a licensure program that is designed to prepare qualified candidates for careers in teaching physical education and health. Graduates with a physical education major would also be prepared to attend graduate school and further their preparation in a variety of sport or health related fields.

Students enrolled in the physical education major should complete the King Core Curriculum and the Major requirements as specified below, as well as all other requirements for Teacher Education.

Core Curriculum Requirements
Physical Education majors should fulfill specified categories of the King Core Curriculum by taking the courses indicated below. See the “The Core Curriculum” section of the catalog for additional details.

**Fitness for Life**
PHED 1110
Fitness for Life ................................................................. 2 s.h. *

**Science**
BIOL 1010
Human Anatomy and Physiology I ......................................... 4 s.h.

**Quantitative Literacy**
MATH 1560
Introduction to Statistics ..................................................... 4 s.h.

**Human Culture**
In addition to meeting foreign language competency:
PSCI 2120
Cultural Diversity in America ............................................. 4 s.h.

**US and Global Citizenship**
IDST 2100
Cultural Identity ............................................................... 4 s.h.
Physical Education Major Requirements

PHED 1620
  CPR .............................................................................................. 1 s.h.
PHED 1630
  First Aid ....................................................................................... 1 s.h.
PHED 2010
  Personal and Community Health ................................................. 4 s.h.
PHED 2500
  Recreational Leadership ................................................................ 2 s.h.
PHED 3550
  Nutrition and Conditioning .......................................................... 4 s.h.
PHED 3600
  Teaching Individual/Dual Sports ................................................. 4 s.h.
PHED 3610
  Teaching Team Sports .................................................................. 4 s.h.
PHED 3620
  Adaptive Physical Education ....................................................... 2 s.h.
PHED 3650
  Assessment and Evaluation.......................................................... 3 s.h.
ATEP 2510
  Care and Prevention of Athletic Injuries ...................................... 4 s.h.
ATEP 3680
  Kinesiology .................................................................................. 4 s.h.
ATEP 3690
  Exercise Physiology ..................................................................... 4 s.h.
BIOL 1020
  Human Anatomy and Physiology II ............................................. 4 s.h.
PSYC 2200
  Marriage and the Family ................................................................ 4 s.h.
PHED 4990
  Comprehensive Assessment .......................................................... 0 s.h.

K-12 Licensure Program (Minor) Requirements

Pre-Professional Courses

EDUC 2030
  Introduction to Teaching, Grades K-12 ........................................... 2 s.h.
EDUC 2031
  Introduction to Teaching Practicum, Grades PreK-12 .................... 1 s.h.
EDUC 2100
  Survey of Exceptional Children .................................................... 4 s.h.
EDUC 2900
  Foundations of Education ............................................................ 3 s.h.
EDUC 2950
  Technology for Teachers .............................................................. 2 s.h.
PSYC 3300
  Lifespan Human Development ..................................................... 4 s.h.
Professional Education Courses**

EDUC 2370  
Reflective Teaching: Planning for Classroom Instruction .......... 3 s.h.

EDUC 3390/3391*  
Secondary Curriculum and Methods............................................ 4 s.h.

EDUC 3590*  
Content Area Reading................................................................. 3 s.h.

EDUC 3600*  
Assessment and Evaluation.......................................................... 3 s.h.

EDUC 3630*  
Methods/Materials of Elementary Physical Education ............... 4 s.h.

EDUC 3640*  
Methods/Materials for Secondary Physical Education ............... 4 s.h.

EDUC 4470/4480  
Student Teaching: Grades K-8 .................................................. 5 s.h.

EDUC 4490/4500  
Student Teaching: Grades 7-12 ................................................ 6 s.h.

EDUC 4950  
Capstone Seminar: Grades K-12 .................................................. 2 s.h.

* Requires admittance to the Teacher Education Program

** All Physical Education majors must complete PHED 1110 in order to earn their degrees. Physical Education majors may elect to take three additional physical activity classes. These courses are optional and are in addition to Fitness for Life and the two physical education courses already allowed for all King students.

Stipulations

a. The three additional courses must represent three different areas of sport/activity, such as golf, tennis, and volleyball, as opposed to receiving multiple credits by taking (for example) both beginning tennis and intermediate tennis.
b. The additional credits cannot be taken in a varsity sport.

Written proof of current First Aid and CPR certification is required for approval for professional clinical experience (student teaching/internship). Certification can be attained via PHED 1620 CPR and PHED 1630 First Aid. If a student is currently certified in American Red Cross or American Heart Association CPR or First Aid and wants to waive taking the class, the student must present the current certification card to the Physical Education Program Director and demonstrate proficiency in CPR and First Aid by testing out on the written and skills tests (under the direction of the Physical Education Program Director).

Summary of Total Credits

Core Curriculum................................................................. 42 s.h.

Major Requirements ............................................................ 45 s.h.

K-12 Licensure Program (Minor) ........................................ 54 s.h.

Minimum to Earn Bachelor of Arts................................. 137 s.h.